

## INDIAN CULTURAL CENTRE SAO PAULO

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## **Photos of Activities - May 2018**





BOOK LAUNCH – Lecture about the newly released book by Sri Aurobindo titled 'A Vida Divina' translated to Portuguese for the first time by Editora Pensamento publishing house.



AISVARA YOGA activity in May 2018 with Andrea Elias.



Lecture on IYENGAR YOGA by Mr. Raya Uma Datta, from India.



Cooking workshop of Gulab Jamun and Saloni with Mrs. Kanchana.







Special seminar Yoga Ayurveda and the Art of Well-living in preparation to IDY 2018 with renowned experts in the fields of psychology, meditation, yoga and history. Vanessa Trielli yoga instructor and Ayurveda therapist from Palas Athena, Shobhan Saxena journalist and teacher, Sanjay Kumar yoga and naturopath and Dr. Susan Andrews, psychologist, meditation instructor and Ayurveda therapist.